



# Guardian Consulting Services, Inc.

*Consultant Pharmacists for Healthcare Organizations, Industry, and the Community.*

## COVID-19 Medication Consolidation Strategies Glaucoma Treatments

For the Long Term Care Medication Nurse, eye drop administration requires both time and careful technique. While eye drops themselves are not currently listed a specific COVID-19 risk, there is continued emphasis being placed on streamlining and consolidating medications as much as possible, both as a means of conserving valuable nursing time as well as minimizing potential staff exposure. *Opportunities to streamline and simplify the treatment of glaucoma are available and are presented below. Prescribers are asked to use combination products at this time, wherever possible.*

### Combination Products (PREFERRED)

- **Cosopt** (Dorzolamide/Timolol)
  - *This is a(n) Carbonic Anhydrase Inhibitor plus a Beta Blocker*
- **Combigan** (Brimonidine/Timolol)
  - *This is an Alpha-2 Agonist plus a Beta Blocker*
- **Simbrinza** (Brinzolamide/Brimonidine)
  - *This is a(n) Carbonic Anhydrase Inhibitor plus an Alpha-2 Agonist*

### Prostaglandin Analogues: (No combination products available)

- **Xalatan** (Latanoprost)
- **Lumigan** (Bimatoprost)
- **Travatan** (Travoprost)
- **Zioptan** (Tafluprost)

### Carbonic Anhydrase Inhibitors: (Avail in comb with B-Blockers and Alpha-2 Agonists)

- **Azopt** (Brinzolamide)
- **Trusopt** (Dorzolamide)

### Alpha-2 Agonists: (Available in combination with Beta Blockers)

- **Alphagan** (Brimonidine)

### Beta Blockers: (Avail in comb with Alpha-2 Agonists and Carbonic Anhydrase Inhibitors)

- **Timoptic, Betimol** (Timolol)
- **Betoptic** (Betaxolol)
- **Ocupress** (Carteolol)
- **Betagan** (Levobunolol)
- **Optipranolol** (Metipranolol)

Brand Names listed in **Bold**

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Color coded to match bottle cap of product medication class